



4th Annual Employer Wellness Forum *Effectively Engaging Employees Through Health Improvement & Wellbeing*

January 27, 2016 – 8:30 AM – 4:00 PM
Agenda

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| 8:30 AM | Welcome & Opening <ul style="list-style-type: none">• Cheryl Larson, Vice President, MBGH• Margaret Rehayem, Senior Director of Strategic Initiatives & Communications, MBGH |
| 8:45 AM | Engagement Strategies to Improve Worker Performance & the Bottom-line <ul style="list-style-type: none">• Cara McNulty, Head of Population Health & Team Member Wellness, Target Corporation |
| 9:30 AM | The Road to Wellbeing includes Consumerism and Accountability: Building a Culture of Health that's Here to Stay <ul style="list-style-type: none">• Olga Reupert, Vice President, Benefits and Compensation, HUB International |
| 10:15 AM | Break, Networking & Exhibits (prize drawing card/stretch) |
| 10:45 AM | Using No-Cost Tools & Resources to Enhance Your Health Improvement Efforts <ul style="list-style-type: none">• Amanda Kelley, Senior Director of Community Health, Midwest Affiliate, American Heart Association• Ross Arena, PhD, PT, FAHA, FESC, FACSM Head, Professor, Department of Physical Therapy, University of Illinois Chicago |
| 11:15 AM | Panel: Successful Strategies to Enhance Culture & Communications <ul style="list-style-type: none">• Moderator: Vic Villanueva, Managing Consultant, ROC Group<ul style="list-style-type: none">○ Nate Solomon, Vice President, Head of Benefits, Zurich North America○ Anne Pease, Vice President Benefits, RR Donnelley○ Heather Provino, Chief Executive Officer, Provant○ Niraj Jetly, SVP Operations, Nutrisavings |
| 12:10 PM | Lunch, Networking & Exhibits (prize drawing card/stretch) |

(next page - view afternoon presentations)

- 1:00 PM Selecting the Right Wellness Vendors for Your Program, Population & Budget
- Tom Ciccotti, Executive Vice President, Wellness Research Institute
 - Kathy Fousler, Wellness Manager, Rush University Medical Center
- 1:30 PM Panel: Effective Engagement Strategies that Impact ROI & VOI
- Moderator: Margaret Rehayem, Senior Director of Strategic Initiatives & Communications
 - Sherri Samuels-Fuerst, Director Compensation and Benefits, Sargento Foods
 - Cara McNulty, Head of Population Health & Team Member Wellness, Target Corporation
 - Judy Mueller, Executive Vice President Clinical Programming, Healthcare Interactive
 - Dale Rayman, Director of Analytics and Chief Actuary, Zipongo
- 2:25 PM Break, Networking & Exhibits (prize drawing card/stretch)
- 2:45 PM Panel: Emerging Role of Technology, Telemedicine & Wellness Incentives
- Moderator: Cheryl Larson, Vice President, MBGH
 - Kristin Duquaine, Health and Performance Director, Florida Hospital
 - Noga Sachs, Wellbeing Benefits, Senior Manager, JLL
 - Amy Katzoff, CEBS, Katzoff Consulting, LLC
 - Tom Ciccotti, Executive Vice President, Wellness Research Institute
- 3:40 PM Wrap-Up and Closing
- 4:00 PM Adjournment